



Applied  
Wisdom  
Institute

# CERTIFICATE IN MENTAL HEALTH AND SPIRITUALITY

In partnership with



Psychologists, LCSWs, LEPs, LPCCs, MFTs, pastors, pastor counselors, chaplains, healthcare providers, nurses, EMTs, and paramedics will learn to identify the mental health and spiritual needs of members of their respective communities as well as learn to work collaboratively to provide sensitive and effective care.

Designed for working professionals, the **Certificate in Mental Health and Spirituality** builds greater spiritual awareness that helps you connect with people of all faiths. Six online, synchronous, interactive, and immersive seminars taken over six months first ground you in the connection between spirit and health, and then go deeper into chronic illness, bereavement, bipolar faith, healing and clinical practice.

See details and register at <https://bit.ly/2MrskJy>  
Questions? (415) 488-6589

## CERTIFICATE DETAILS

The Certificate in Mental Health and Spirituality prepares you for important conversations with people in tough situations, at critical moments in their lives. Valuable time is gained when you can immediately relate to people from their spiritual point of view, break down barriers and connect with them. Each seminar comes with valuable continuing education units (CEs) that can satisfy skill acquisition requirements for certain practicing professionals.



### Paradigms of Healing and Wholeness\* | \$1275

**\$895 if enrolled 14 days before start of class**

Explores a range of paradigms for human healing and wholeness inspired by diverse spiritual traditions (e.g., Christian, Hindu, Jewish, Buddhist, Native American, Sufi) and clinical frameworks (e.g., meaning-based therapy, Jungian depth psychology, inner cultivation of compassion and mindfulness). Emphasis is on experiential application of concepts and practices, as it relates to psycho-spiritual development.

### Integrating Spirituality in Clinical Practice\* | \$1275

**\$895 if enrolled 14 days before start of class**

Students learn to utilize spiritually informed strategies and techniques to assess spiritual distress, guide treatment planning, implement appropriate evidenced based interventions and evaluate therapeutic outcomes. Course is Practitioner focused and designed to develop clinical skills integrating spiritual issues in therapy, social justice and advocacy in clinical practice.

### Spirituality in Mental Health\* | \$1275

**\$895 if enrolled 14 days before start of class**

Learn concepts and strategies for understanding and integrating spirituality in mental health services for mental health professionals, clinical chaplains, community leaders, and others. Topics include understanding of cultural frameworks, multi-faith and interfaith frameworks, implicit biases, and working with instead of solving for diverse communities.

### Spirituality in Bereavement\*\* | \$1275

**\$895 if enrolled 14 days before start of class**

Gain academic training to supplement the practical experience of providing clinical, palliative, and hospice care to those who are dying and those who survive the dying, shifting from best intention to best practices. Topics include types of grief, possible psychological and spiritual complications in grieving, and rituals in grieving.

### Bi-Polar Faith\*\* | \$1275

**\$895 if enrolled 14 days before start of class**

Learn concepts and strategies for providing spiritual care, mental health guidance, and culturally sensitive training for groups that seek to provide access to care. Topics include intertwining of familial, social, and spiritual issues; living with Bi-Polar disorder; finding, providing, and/or receiving resources; collaboration, and community; and forgiveness vs. reconciliation post-trauma.

### Spiritual Journeys in Chronic Illness\*\* | \$1275

**\$895 if enrolled 14 days before start of class**

Learn, practice, and develop best practices for palliative caregivers, medical practitioners, interfaith chaplains, and more, in dealing with issues of chronic illness, spirituality, and survival. Topics include understanding how age, degrees of function, and grief interplay in well-being.

### Purchase entire certificate at once for \$4,475 (\$895 x 5)

18-24 CEs available per seminar. CE credits for psychologists are provided by the Spiritual Competency Resource Center (SCRC) which is co-sponsoring this program. The Spiritual Competency Resource Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Spiritual Competency Resource Center maintains responsibility for this program and its content. The California Board of Behavioral Sciences accepts CE credits for LCSW, LPCC, LEP, and LMFT license renewal for programs offered by approved sponsors of CE by the American Psychological Association. LCSWs, MFTs, and other mental health professionals from states other than California need to check with their state licensing board for approval. SCRC is approved by the California Board of Registered Nursing (BRN Provider CEP16887) for licensed nurses in California. For questions about receiving your Certificate of Attendance, contact Tammy Lai at [info@appliedwisdominstitute.org](mailto:info@appliedwisdominstitute.org). For questions about CE, visit [www.spiritualcompetency.com](http://www.spiritualcompetency.com) or contact David Lukoff, PhD at [CE@spiritualcompetency.com](mailto:CE@spiritualcompetency.com).

\*This is a required course in the Certificate in Mental Health and Spirituality.

\*\*This is an elective course in the Certificate in Mental Health and Spirituality. Students seeking the Certificate are to take 2 of the 3 electives.